**Vaping Resources for Parents:**

**Health Canada – Talking with your teen about vaping: A tip sheet for parents:**

* [Talking with your teen about vaping: A tip sheet for parents - Canada.ca](https://www.canada.ca/en/services/health/publications/healthy-living/talking-teen-vaping-tip-sheet-parents.html)

**Fraser Health Authority – Substance use in children and youth; Vaping Products**

* [Vaping products - Fraser Health Authority](https://www.fraserhealth.ca/health-topics-a-to-z/children-and-youth/substance-use-in-children-and-youth/vaping-products#.ZC76EhRlA2x)

**BC Lung Foundation - General Youth Health Education Resources: Vaping**

* <https://bclung.ca/quit-smokingvaping/general-youth-health-education-vaping>

**McCreary Centre Society – Youth Perspectives: What parents need to know about youth vaping:**

* <https://www.mcs.bc.ca/pdf/youth_perspectives_poster.pdf>

**Drug Free Kids Canada – Youth and Vaping Guide:**

* <https://www.drugfreekidscanada.org/wp-content/uploads/2019/10/DFK_Info_Vaping_FINAL_ENG.pdf>

**Parachute - Healthy Coping Mechanism/skill building resource for parents**

* <https://courses.openparachuteschools.com/courses/ParentResources>